

Algene Williams (Park Forest, IL)

Distance Female Born: 2/5/1916 Age Group Records: F65, 70, 75 Competed: 1983-1993
She still holds 1 of the 11 US records she set more than 18 years ago.

Event	AG	Age	Yr	Mark	Rec	%
10 Miles	F65	67	83	1:29:47	AR	80.27
20K	F65	67	83	1:49:39	AR	83.96
10 Miles	F65	68	84	1:23:00	AR	88.23
15K	F65	69	85	1:18:04	AR	88.64
12K	F65	69	85	1:01:08	AR	89.83
12k	F70	70	86	1:01:57	AR	90.13
10 Miles	F70	71	87	1:25:34	AR	89.91
5K	F70	71	87	24:53	AR	92.10
8K	F75	75	91	45:46	AR	87.40
10,000m	F75	75	91	56:59.33	AR	89.35
5,000m	F75	75	91	27:10.76	AR	90.36

WMA World Championship Titles: **F70** 2nd 5000m, 10,000m, 10k Road , 3rd 1500m '89; **F75** 2nd 1500m, 5000m, 10,000m, 10kXC '91
USA LDR Championship Titles (1st): **F70** 25k '86
Masters Track Age-Group Athlete of the Year: **F75** 1991
Masters LDR Age-Group Athlete of the Year: **F70** 1986, '87; **F75** 1991, '92
Other Accomplishments: