

### **George Vernosky (Bethesda, MD)**

ADM/LDR Male Born: 4/26/1930

Competed: 1977-1996

A quality runner whose volunteer administrative service was even greater.

WMA World Championship Titles: **M55** 3<sup>rd</sup> 10kXC '85

WMA Regional Championship Titles: **M45** 1<sup>st</sup> 3000m, 5000m, 10,000m '78

USATF T&F Indoor Championship Titles: **M45** 1<sup>st</sup> 2 mile, 2<sup>nd</sup> Mile '77, '78; 2<sup>nd</sup> 2 mile '80; **M50** 1<sup>st</sup> Mile, 2 mile '81; 1<sup>st</sup> 2 miles '82

USATF T&F Championship Titles: **M45** 1<sup>st</sup> 1500m, 5000m, 2<sup>nd</sup> 10,000m '77; 1<sup>st</sup> 1500m, 5000m, 10,000m '78

USA LDR Championship Titles (1<sup>st</sup>): **M45** 15k, 10kXC '77; 20k, 5kXC '79; **M50** 15k, 10kXC '81; 10k, 15k, 1kXC '82; 8k, 5kXC, 15kXC '83

Masters LDR Treasurer: 1979-1996

Masters LDR Otto Essig Award for Meritorious Service: 1989

Other Accomplishments: As Masters LDR Treasurer, George served on USATF Budget & Finance Committee through most of his tenure until the entire structure was revised.