

Marie-Louise Michelsohn (New York, NY)

Track Female Born: 10/8/41 Age Group Records: F50, 55, 60, 65 Competed: 1995-2008
 .A mid-distance specialist, particularly strong indoors, holding 12 World & 9 U.S. records.
 USATF Champion: 800m (11); 1 mile (7); 3000m (3); 2kSC (3); 5k (4); 400m (3); 1500m (2);
 10,000m (1); 5XC (1); 10XC (1); 10k (1)

Event	AG	Age	Yr	Mark	Rec	%
1500m – In	F55	59	01	5:40.1	AR	91.85
4x400m-In	F50	59	01	5:13.44	WR	n/a
2k SC -30"	F55	59	01	8:37.7	AR	94.06
3000m – In	F60	60	02	12:06.88	WR	92.72
1500m – In	F60	60	02	5:42.57	AR	92.52
1 Mile – In	F60	60	02	6:05.7	WR	93.66
4x400m-In	F50	60	02	4:54.96	WR	n/a
4x800m-In	F50	60	02	11:38.14	WR	n/a
3000m	F60	60	02	11:53.28	AR	94.49
2k SC-30"	F60	60	02	8:47.61	WR	93.82
1500m	F60	60	02	5:32.82	AR	95.23
1 Mile	F60	60	02	5:57.39	AR	95.83
4x800m	F60	60	02	12:14.73	WR	n/a
3000m – In	F60	61	03	11:58.23	WR	95.23
1 Mile – In	F60	61	03	6:02.49	WR	95.88
10,000m	F60	61	03	41:43.64	AR	95.85
4x400m-In	F50	61	03	4:45.72	WR	n/a
1500m – In	F60	62	04	5:39.32	(W) AR	96.20
3000m – In	F60	62	04	11:49.41	AR	97.87
3000m	F60	62	04	11:52.22	AR	97.48
4x400m-In	F60	62	04	5:16.99	WR	n/a
800m – In	F65	65	07	2:52.49	AR	93.44
1500m – In	F65	65	07	5:57.1	WR	95.72
1 Mile – In	F65	65	07	6:16.26	WR	98.18
3000m – In	F65	65	07	12:03.78	WR	100.46
3000m	F65	65	07	12:09.65	WR	99.65
1500m	F65	65	07	5:45.4	AR	98.96
1 Mile	F65	65	07	6:16.28	WR	98.17
2k SC-30"	F65	65	07	9:00.25	WR	99.03
3000m	F65	65	07	12:09.65	AR	99.65
5000m	F65	65	07	20:27.08	WR	100.10
1500m – In	F65	66	08	5:52.1	WR	98.62

WMA World Championship Titles: **F60** 1st 800m, 1500m, 5000m '03; 1st 1500m, 5000m, 2nd 800m '05; **F65** 1st 800m, 1500m, 2ksc '07

WMA Indoor World Championship Titles: **F65** 1st 400m, 800m '08

USA T&F Indoor Championship Titles: **F55** 1st 800m, 1 mile, 3000m '99; 1st 800m '00; 1st 1 mile, 2nd 800m '01; **F60** 1st 800m, 1 mile '02; 1st 800m, 1 mile, 3000m '03; 1st 800m '04; 1st 800m, 1 mile '05; 1st 400m, 1 mile '06; **F65** 1st 800m, 1 mile, 3000m '07; 1st 800m '08

USA T&F Championship Titles: **F55** 1st 2kSC '99; **F60** 1st 1500m, 2kSC '02; 1st 10,000m '03; 1st 400m, 800m, 1500m '06; **F65** 1st 800m, 2kSC '07; 1st 400m, 800m, 2nd 100m, 200m '08

USA LDR Championship Titles (1st): **F60** 5k '02; 5k, 5XC, 10XC '03; 5k '04; 5k, 10k '05

Masters Track Age-Group Athlete of the Year: **F60** 2002, '03, '04, '05; **F65** 2007

Other Accomplishments: