

Bob Matteson (Bennington, VT)

Track Male Born: 6/25/16 Age Group Records: M80,85,90 Competed: 1983-2009

He has become very successful in the M90 age group.

USATF Champion: 400m (12); 800m (5); 200m (4); 100m (1); 1500m (1); 1 Mile (1); 3000m (1)

Event	AG	Age	Yr	Mark	Rec	%
400m – In	M80	81	98	83.61	AR	87.25
400m – In	M85	85	02	1:38.05	WR	83.63
1 Mile	M85	86	02	10:22.0	AR	69.84
400m	M90	90	06	1:39.39	AR	99.60
200m	M90	90	06	41.95	AR	97.74
400m – In	M90	90	07	1:48.71	AR	91.06
200m – In	M90	90	07	42:10	AR	97.39
800m – In	M90	90	07	4:50.81	WR	81.16

WMA World Championship Titles: **M75** 3rd 400m '95

WMA Regional Championship Titles: **M80** 2nd 400m, 800m '96

USA T&F Indoor Championship Titles: **M80** 1st 400m, 2nd 800m, 1 mile '97; 1st 200m, 400m, 800m '98; 1st

1 mile, 2nd 200m, 400m '99; 1st 400m, 2nd 200m, 800m, 1 mile '00; 3rd 200m, 400m, 800m '01;

M85 1st 400m, 2nd 200m '02; 1st 200m, 400m '03; 2nd 200m '04; 2nd 400m, 1 mile '06; **M90** 1st

200m, 400m, 800m, 3000m, 2nd 60m '07; 1st 400m, 2nd 60m, 200m '08

USA T&F Championship Titles: **M75** 2nd 400m, 800m, 3rd 1500m '95; **M80** 1st 400m, 800m, 2nd 1500m,

5000m '96; 1st 400m, 2nd 800m, 3rd 200m '98; **M85** 1st 400m, 2nd 200m '02; **M90** 1st 100m, 200m,

400m, 800m '06; 1st 400m, 800m, 1500m, 2nd 100m, 200m '07

USA LDR Championship Titles (1st): **M75** 15k '93; **M85** 5kXC '05; **M90** 5kXC '06; 5kXC '07

National Senior Games: **M85** 1st 800m, 3rd 200m, 400m '05

Masters Track Age-Group Athlete of the Year: **M85** 2002, '03; **M90** '2006;

Masters T&F Age-Group Athlete of the Year: **M60+** 2007

Other Accomplishments: The Vermont House of Representatives and Senate adopted a concurrent House Resolution in June of this year honoring Bob for his "extraordinary accomplishments as a masters runner" and noted his extensive civic leadership as well. The presentation to him was made on Flag Day (June 14) by Vermont's Governor and its Speaker of the House.