

Robert S Lida (Wichita, KS)

Track Male Born: 11/11/36 Age Group Records: M70 Competed: 1977-2009

He sprints as successfully indoors as outdoors.

USATF Champion: 60m (2); 200m (7); 400m (8); 100m (2)

Event	AG	Age	Yr	Mark	Rec	%
400m – In	M70	70	07	61.35	AR	96.17
200m	M70	70	07	26.80	AR	96.27
400m	M70	70	07	61.00	AR	96.72
4x200m	M70	70	07	1:54.05	WR	n/a
4x100m	M70	70	07	53.29	AR	n/a
4x400m	M70	70	07	4:31.23	AR	n/a

WMA World Championship Titles: **M40** 2nd 4x400 '77; **M65** 1st 100m, 200m, 4x100m '03; **M70** 1st 100m, 200m, 400m, 4x400m '07

WMA World Indoor Championship Titles: **M70** 1st 60m, 200m '08

WMA Regional Championship Titles: **M40** 2nd 400m '78

USA T&F Indoor Championship Titles: **M40** 3rd 600y '77; 3rd 300y '79; **M45** 1st 600y '82; **M60** 2nd 400m, 3rd 200m '00; **M65** 2nd 60m, 200m '04; 1st 200m, 400m, 2nd 60m '05; 1st 400m, 3rd 60m '06; **M70** 1st 60m, 200m, 400m '07; 2nd 60m '08; 1st 60m, 200m '09

USA T&F Championship Titles: **M40** 2nd 400m '77; **M50** 3rd 400m '88; **M60** 2nd 400m '99, '00; 1st 400m '01; **M65** 1st 100m, 200m, 400m '04; 1st 200m, 400m, 3rd 100m '05; **M70** 1st 200m, 400m '07; 1st 100m, 200m, 400m '09

National Senior Games Titles: **M60** 1st 400m, 2nd 200m '99; 1st 200m, 400m '01; **M65** 1st 100m, 200m, 2nd 400m '03; 1st 100m, 200m, 400m '05; **M70** 1st 100m, 200m, 400m '07; 1st 100m, 200m '09

Other Accomplishments: A sub 3 hour marathoner (2:57 in his 40s), he spent 1982-2000 recovering from injuries and waits for ratification of his 4x100 and 4x400 world records set in 2008 at the Penn Relays. He coaches sprinters at a local high school.