

Oneithe Lewis (Oakland Gardens, NY)

Field Female Born: 6/11/60 Age Group Records: F35, 40, 45 Competed: 1998-2010

She has 6 WT and 3 HT records over 100% and has won the nat'l Throws Pentathlon 10 times.

USATF Champion: SP (20); WT (12); SuperWt (8); DT (6); HT (8); Wt Pent (10); UltraWt Pent (2)

Event	AG	Age	Yr	Mark	Rec	%
SP – In	F35	39	00	12.91	AR	65.43
WT – In	F35	39	00	13.63	AR	79.38
SP – In	F40	40	01	13.89	AR	71.93
SuperWt – In	F40	40	01	8.85	AR	n/a
HT	F40	41	01	48.89	AR	85.01
SP	F40	41	01	14.53	AR	76.96
WT Pent	F40	41	01	4308 pts	WR	n/a
SP – In	F40	41	02	13.97	AR	73.99
WT – In	F40	41	02	16.79	AR	101.70
WT – In	F40	42	02	17.12	WR	105.88
HT	F40	42	02	54.07	WR	96.85
SP	F40	42	02	15.09	AR	81.74
HT	F40	42	02	55.68	AR	99.73
WT	F40	42	02	19.09	WR	118.06
SP – In	F40	42	03	14.68	AR	79.52
SuperWt – In	F40	42	03	10.79	AR	n/a
WT Pent	F40	43	03	4935 pts	WR	n/a
HT	F40	42	03	56.39	WR	101.00
WT Pent	F40	43	03	5261 pts	WR	n/a
HT	F40	44	05	57.08	WR	108.81
HT	F45	45	05	56.21	WR	110.71
SP	F45	45	05	13.55	AR	78.87
WT	F45	45	05	17.88	WR	117.86
WT Pent	F45	45	05	5414 pts	WR	n/a
SP – In	F45	45	05	13.17	AR	76.66
WT – In	F45	45	05	15.97	WR	105.27
SuperWt – In	F45	46	07	9.63	AR	n/a
WT – In	F45	47	08	16.28	WR	112.20
SuperWt – In	F45	48	09	10.52	AR	n/a
SuperWt	F45	49	09	10.59	AR	n/a
UltraWt Pent	F45	49	09	6390 pts	AR	n/a

WMA World Championship Titles: **F40** 1st SP, Wt Pent, 2nd DT, HT '01; 1st SP, DT, HT, Wt Pent '03

USA T&F Indoor Championship Titles: **F35** 1st SP, WT '99; **F40** 1st SP, WT, SuperWt '01; 1st SP, WT '02;

1st SP, WT, SuperWt '03, '04, '05; **F45** 1st SP, WT '07; 1st SP, WT, SuperWt '08, '09, '10

USA T&F Championship Titles: **F35** 1st SP, DT '98; 1st SP, DT, HT '99; **F40** 1st HT, SP, 2nd DT, JT '00; 1st

SP, DT, HT, 3rd JT '02; 1st SP, DT, HT, 2nd JT '04; **F45** 1st SP, HT, 2nd DT '05, '06; 1st SP '07; 1st

SP, DT, HT, 3rd JT '08; 1st SP, DT, HT, WT '09

USA National Throws Championship Titles: **F50** 1st WT, SuperWt '10

USA National Throws Pentathlon Championship: **F40** 2nd '00; 1st '01, '02, '03, '04; **F45** 1st '05, '06, '07,

'08, '09; **F50** 1st '10

USA National UltraWeight Pentathlon Championship: **F45** 1st '09; **F50** 1st '10

USA National SuperWeight Championship Titles: **F45** 1st '09

Masters Field Age-Group Athlete of the Year: **F40** 2000, '01, '02, '03, '04; **F45** 2005, '06

Masters T&F Age-Group Athlete of the Year: **F30-59** 2007, 2008, 2009

Other Accomplishments: Consistently records highest National Throws Pentathlon scores since 2001.