

Paul Edens (Portland, OR)

Track Male Born: 3/8/41 Age Group Records: M60, 65

Competed: 1981-2007

A sprinter who enjoyed a long career.

USATF Champion: 60m (1); 100m (4); 200m (5)

Event	AG	Age	Yr	Mark	Rec	%
60m – In	M60	62	04	7.72	(W)A	98.60
4x200 – In	M60	64	06	1:44.99	WR	n/a
100m	M65	65	06	12.53	(W)A	96.25

WMA World Championship Titles: **M60** 2nd 100m, 200m '01; 1st 100m, 200m, 4x100m '03

WMA World Indoor Championship Titles: **M60** 1st 60m, 200m '04; 1st 4x200m, 2nd 60m, 200m '06

WMA Regional Championship Titles: **M55** 1st 100m, 200m '96

USA T&F Indoor Championship Titles: **M40** 3rd 60y '82; **M60** 1st 60m, 2nd 200m '05

USA T&F Championship Titles: **M40** 3rd 100m, 200m '82; 2nd 100m, 200m '83; 3rd 200m '84; **M45** 2nd 200m '86; 2nd 100m, 200m '87; **M50** 1st 100m, 200m '92; **M55** 2nd 100m '97, '00; **M60** 1st 100m, 200m '02, '03; 1st 200m, 2nd 100m '04; **M65** 1st 100m, 200m '06

Nike World Masters Games: **M55** 1st 100m, 200m '98

Masters Track Age-Group Athlete of the Year: **M60** 2001, '03; **M65** 2006

Other Accomplishments: In 1984 he organized the USWEST Corporate Track Team that competed nationally for 15 years in the US Corporate Cup Assn. He was on the organizing committee and was a participant runner in the "Friendship Relay" sponsored by USWEST that ran from Ashland (OR) to Vancouver (BC) in 1986 to stimulate tourism associated with the 1986 World Fair in Vancouver. He organized the Silverton Running Club of Silverton (OR) that sponsors races and donates funds to the local high school track program. He has been a volunteer official for home track meets at Silverton High School and Willamette University where he has trained over the years. He held weekly physical fitness training classes and organized track meets for inmates of the Oregon State Penitentiary promoting an avenue for rehabilitation (PV was not one of the events).