

fast >> FORWARD Express



March 2, 2009

Entry Deadline Reminder: USA Masters Indoor Track & Field Championships



Just four days remain to register for the **2009 USA Masters Indoor Track & Field Championships**, to be held Friday, Saturday, and Sunday, March 20-22, at Prince George's Sportsplex in Landover, Maryland. The championships are being conducted by the Potomac Valley Track Club.

The late entry period for entering the championships is Thursday (March 5). Entry information including the online entry application is available on the [meet website](#).

Be sure to invite your friends and teammates to be part of a great weekend of competition, fun, and excitement!

Events that will be contested are the 60m, 60m hurdles, 200m, 400m, 800m, one mile, 3000m run and race walk, shot put, weight & superweight throw, long jump, high jump, triple jump, pole vault, and pentathlon.

More than 800 athletes are currently entered, including Olympians, world champions, U.S., Canadian and world record holders, and just plain runners, walkers, throwers, and jumpers like you and me, aged 30 to 95, who get to compete alongside these inspirational athletes.

Among those already entered are; two-time Sullivan Award finalist **Phil Raschker**, 1976 Olympian **Jim Barrineau**, 1984 Olympian **John Tuttle**, 1988 Canadian Olympian **Renee Belanger**, many world champions including **Nolan Shaheed** and **Larry Colbert**, U.S. high jump record holder **Bruce McBarnette**; five-time Olympic Trials qualifier **Alisa Harvey**, renowned athletes **Kathryn Martin**, **Christel Donley**, and **Oneithea Lewis**, world record holder **Earl Fee** breaking into his new 80-84 age division and all-time great **Henry Rono**.

The oldest competitor entered is **Leland McPhie**, 95, of San Diego CA in seven events. Close behind is 94-year-old **Frank Levine**, 94, of Norristown PA, who is entered in the 3000m, mile, and 800m. Oldest DC area competitor entered to date is **Charles Boyle**, 85 of Annapolis in the 3000 meter racewalk.

Spectators are free and welcome. Bring your families to this historic event!

To register or for full information including lists of registered athletes, visit the [meet website](#)

For athlete questions, feel free to call the meet hotline at 703-481-3530. For media inquiries, please contact Robert Weiner at 301-283-0821.

