

**2011 Masters Track and Field  
Female Athletes of the Year  
Awarded to Flo Meiler (W75) & Johnnye Valien (W85)  
Male Athlete of the Year  
Nolan Shaheed (M60)**

**Flo Meiler (W75)** set the World Indoor Record in the Pole Vault and 7 American Records. She set an American Record in the Indoor Pole Vault; Indoor Weight Throw; Indoor 60H; Indoor Pentathlon; Outdoor 200H; the Discus Throw; and the 2000m Steeplechase. In addition to setting records, Flo was the WMA Outdoor World Champion in the Heptathlon, Pole Vault and Discus Throw; the Indoor National Champion in the 60H, High Jump, Pentathlon and Pole Vault and the Outdoor National Champion in the High Jump, Pentathlon, Pole Vault, Hammer Throw, 80mH, and 2000m Steeplechase.

**Johnnye Valien (W85)** set two World Outdoor Records one in the Pole Vault and one in the Long Jump and 5 American Records. She set an Indoor American Record in the Shot Put; an Outdoor American Record in the Pole Vault, Long Jump, High Jump and 100m. In addition to setting records, Johnnye was the World Outdoor Champion in the High Jump, Javelin, Long Jump, Pole Vault, Triple Jump and Shot Put and the National Indoor Champion in the 60m, Long Jump, Weight Throw and Shot Put and the National Outdoor Champion in the High Jump and Long Jump

**Nolan Shaheed (M60)** set two World and American Outdoor Records, one in the 800m and one in the 1500m. In addition, Nolan was the WMA Outdoor Champion in the 1500m; the National Indoor Champion in the 800m, Mile and 3000m and the National Outdoor Champion in the 10,000m.