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Contact: Bob Weiner, USATF National Masters Media Director 301-283-0821, cell 202-306-1200
weinerpublic@comcast.net

MARTIN BREAKS TWO WORLD MARKS, 16 AMERICAN MASTERS RECORDS SET AT WMA REGIONAL CHAMPIONSHIP AND USATF MASTERS OUTDOOR THROWS CHAMPIONSHIP

(Toronto, Canada, and Worcester, MA)--Masters are on a tear! Master Chair Rex Harvey wants the USATF Masters to be the number one masters track and field team in the world, and it appears they are well on their way. Two world and 15 American masters records were set at the World Masters Athletics (WMA) North America-Central America- Caribbean Regional Championship in Toronto, Canada August 11-13 and the USATF Masters Outdoor Throws Championship August 5-6 in Worcester, MA. Masters Track & Field Records Chair Jeff Brower has provided the list below, highlighted by Kathy Martin, 65, from Northport, NY, setting TWO world marks, in the 1500 Meter Run and 2000 Meter Steeplechase, in Toronto at the WMA Regionals.

Masters Awards Co-Chair and Hall of Fame Chair Mary Trotto reports that 385 Americans entered in Toronto on Team USATF among nearly 1000 total, and MTF Vice-Chair Jerry Bookin-Weiner reported that 325 competed. Meet Director was Canada's Doug Smith. of Ontario Masters Athletics. The USATF Masters team earned an astounding 265 Gold Medals, 156 silver medals, and 116 Bronze medals at the Toronto championships.

SEVEN WORLD AND AMERICAN RECORDS SET AT NORTH AMERICA-CENTRAL AMERICA-CARIBBEAN WORLD MASTERS REGIONAL CHAMPIONSHIPS AUGUST 11-13

2017 NCCWMA Championships

August 11-13, 2017, Toronto, Canada

* 8/11/17 W65 1500 Meter Run - Martin, Kathryn	W65 UNITED STATES	5:25.65
* 8/12/17 W65 2000 Meter Steeplechase - Martin, Kathryn	W65 UNITED STATES	8:52.49
8/12/17 W55 80 Short Hurdles 30" - Upshaw, Joy	W56 UNITED STATES	12.99
8/12/17 M80 400 Meter - Lida, Bob	M80 UNITED STATES	1:12.10
8/13/17 M80 200 Meter - Lida, Bob	M80 UNITED STATES	29.90
8/13/17 W55 4x100 Meter Relay - UNITED STATES 'A'		56.22
1) Triolo, Sandra 55	2) Scott, Daphne 57	
3) Allen, Adriene 55	4) Upshaw, Joy 56	
8/13/17 M55 4x100 Meter Relay - UNITED STATES 'A'		46.31
1) Barnwell, Val 59	2) Tissenbaum, Allan 57	

3) Foster, Robert 55

4) McGee, Don 57

* indicates a WR

**NINE AMERICAN RECORDS SET AT USATF MASTERS OUTDOOR THROWS CHAMPIONSHIP
Aug. 5-6**

[2017 USATF Masters Outdoor Throws Championships](#)

August 5-6, 2017, Holy Cross, Worcester, MA

Throws Pentathlon W35 Janine Kuestner 3256

Weight Throw W55 Oneithea Lewis 15.88

Weight Throw W75 Joanne Marriott 3866 11.55

Superweight W35 Julie Williams-Tinkham 10.00

Superweight W55 Oneithea Lewis 11.04

UltraWeight Pentathlon M45 Eric Cole 5049

UltraWeight Pentathlon W35 Janine Kuestner 4589

UltraWeight Pentathlon W55 Oneithea Lewis 5221

UltraWeight Pentathlon W60 Carol Finsrud 5214

Source: USATF Masters Media Committee, Records Chair Jeff Brower, Awards Co-Chair/Hall of Fame Chair Mary Trotto,, and Masters Media Director Robert Weiner